

Rev. Cathleen (Cat Cox)

Rev. Cathleen Cox M.A.T. M.Div. offers a ministry of spiritual guidance serving congregations, communities, colleagues and individuals who are tired of striving without fully flourishing and want to break free to find their own Path of Joy.

She supports them in resolving the obstacles and conflicts holding them back from the vibrant and meaningful life that they have always deserved and in developing the communication tools which will let them meet challenging situations with confidence, integrity and skill - opening the way to fulfill their highest vision and potential while benefitting everyone!

Her primary work with congregations is focused on training and facilitation in covenant-based conflict resolution and the collaborative communication skills which support the ability to build mutual understanding and goodwill in order to reach decisions and resolve difficulties in ways (almost!) everyone can support.

Rev. Cat is a graduate of Starr King School for the Ministry (M. Div.) She holds a Master of the Art of Teaching (M.A.T) from the University of California at Berkeley and is a Fellow of the National Writing Project.

For ten years, she served on the Senior Staff of the Unitarian Universalist Pacific Central District Leadership School, teaching Community Building, Worship Arts, and UU Heritage, Identity and Values. She is a recipient of the Margaret Fuller Award of the UU Women's Federation. She was a featured presenter of the UUMA Institute on Excellence in Ministry in 2015 with her workshop *Covenant-Based Conflict Resolution*.

Rev. Cat's workshops have been presented nationwide, including at many UUA General Assemblies. Her community ministry is affiliated with the UU Church of Berkeley.