



June Spiritual Theme: Renewal

*All you can do for another person is be an environment in which
if they wanted to come up for air, they could. ~ Ram Dass*

Sunday, June 30, 2024 “Seeds for a More Fruitful Earth” with Frederick Livingston

Are humans parasites, sowing our own hunger, or fruit, gifts from the Earth to our future? Local Olympian and award-winning poet Frederick Livingston will read from his newest title Trees are Bridges to the Sky and discuss how the metaphors we use to relate to the natural world shape the futures available to us. His broad meanders in ecology have led him to conclude the fate of our species depends not on any future wealth or technology, but on the seeds we sow with every breath of evolution.

Prelude *Troy Fisher (he/him)*

Morning Song *Troy Fisher*

Hymn #347 “Gather the Spirit”

Words & Music: Jim Scott

Welcome *Anne Kohlbray (she/her)*

Lighting the Chalice & Sabbatical Candle *Anne Kohlbray*

with words from the UUA Worship Web

Opening Words *Frederick Livingston*

“Abstract” by Frederick Livingston *(he/him)*

Opening Hymn *Troy Fisher*

Hymn #76 “For Flowers That Bloom about Our Feet”

Words: Anonymous / Music: Severus Gastorius

Story for All *Frederick Livingston*

“Plenum” by Frederick Livingston

Musical Interlude *Troy Fisher*

Share the Plate Offering *Anne Radford (she/her)*

Offertory *Troy Fisher*

Ritual of Sharing From the Heart *Anne Radford*

Prayerful Practice *Frederick Livingston*

Musical Response *Troy Fisher*

Hymn #352 “Find a Stillness”

Words: Carl G. Seaburg

Music: Transylvanian hymn tune

Part 1: Why am I here? *Frederick Livingston*

including reading of “Metaphors May Save Us”
by Frederick Livingston

Musical Interlude *Troy Fisher*

Part 2: Trees are Bridges *Frederick Livingston*

including readings of “Succession,” “Endemic,” and
“The Beginning” by Frederick Livingston

Closing Hymn *Troy Fisher*

Hymn #1052 “The Oneness of Everything”

Words & Music: Jim Scott

Closing Words and Extinguishing the Chalice *Anne Radford*

with words by Frederick Livingston

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.
Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.
Hearing assistance devices are available in the sanctuary at the tech desk.

Reflection question:

- Do you resonate with the “parasite” metaphor for humans' relationship to the Earth? Where did this idea find you and how might it influence your behavior?
 - “Trees are Bridges” offers metaphors including “fruit, humus, humans of life.” Do these resonate with you, or can you imagine even more ways of relating to life? After deciding which metaphors we want to embody, how do we live into them, “bring them to flesh and stone,” in this community?
 - Industrial culture asks “how many humans belong on Earth?” or “when will the world end?” Can you find more beautiful questions underneath these? What questions lead us towards a more fruitful Earth?
-

Today's Guest Speaker, Frederick Livingston, grew up in Olympia, attending OUUC while his mother sang in the choir. He has gone on to weave experiential education, ecology, and poetry in a river that has taken him through Peace Corps Tanzania and the United Nations University for Peace in Costa Rica, to his current role leading environmental education programs in prisons. He is the author of the poetry collection The Moon and Other Fruits, and his most recent title Trees are Bridges to the Sky won the prism prize for climate literature. **These two books of poetry are available in Olympia at Orca Books, Browsers Books, and Last Word books.** More info at: <http://fredericklivingston.com/>

Next Sunday, July 7, 2024: “Hearing Prophetic Voices” with Rev. Carol McKinley

The longing for justice, equity, and peace is not new; ancient peoples expressed their hopes in myths, songs and stories. Yet prophets who warned of looming dangers were shunned, much as today's prophets whose warnings of social and environmental threats are ignored or belittled. How do we open ourselves to hear their truths and respond with courage?

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.

Hearing assistance devices are available in the sanctuary at the tech desk.

Share the Plate Offering: Our Share the Plate organization for May and June is the Crisis Clinic of Thurston & Mason Counties.

The Crisis Clinic of Thurston & Mason Counties is committed to building a community that is better prepared to understand and respond compassionately to people in crisis. Your help will support 24/7 Crisis Intervention Services, the Teen/Youth Helpline, and presentations to middle and high schools throughout Thurston and Mason Counties in Suicide Awareness and Prevention.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2306 East End St NW
Olympia, WA 98502
 - Donate online at <https://onrealm.org/OUUC/give/offering>
 - Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.
-

For more info on Rev. Mary's sabbatical, please check out the kiosk in the Commons, talk to a member of the Sabbatical Committee (look for their teal "SabComm" badges after today's service), or visit the sabbatical page on the OUUC website: <https://www.ouuc.org/sabbatical/>

Find more details on these and other announcements in the Weekly Update: <https://www.ouuc.org/who-we-are/publications/weekly-update/>