

Our spiritual invitation for summer is Slowing Down.

"Slow down" seems like the wrong thing to do when there's fire on the mountain. But here's the point: in "hurrying up" all the time, we often lose sight of the abundance of resources that might help us meet today's most challenging crises.

~ Bayo Akomolafe

Sunday, July 14, 2024 "Weaving Our Lives"

UUA General Assembly Worship with Rev. Dr. Molly Housh Gordon

We are all tangled up together in a great web of life that is woven with beauty and hardship, love and loss, thriving and struggle. How do we tend well to the weaving so that all of us are held in care?

Prelude

	(he/him)
Welcome	Liz Clement (she/they)
Lighting the Sabbatical Candle	Liz Clement
In Memoriam: Barry Zickuhr	Liz Clement

Introduction — Rev. Dr. Molly Housh Gordon

Interlude — "Here Together" by David M Glasgow — featuring choirs from All Souls Unitarian Church Indianapolis, IN; First Parish in Concord, MA; First Parish UU in Lexington, MA; First UU Congregation of Ann Arbor, MI; UU Fellowship in Athens, GA; UU Fellowship of Poughkeepsie, NY; UU Church in Cherry Hill, NJ; UU Church in Reston, VA; and UU of Minnetonka, MN

Opening Words — Rev. Dr. Molly Housh Gordon, Rev. Eric Kaminetzky, Rev. Sarah Oglesby-Dunegan, Rev. Sadie Lansdale, Rev. Aaron Stockwell Wisman

Chalice Lighting — Gretchen Maune & Members of the UU Church of Columbia, MO

Story — from Through the Mickle Wood by Valiska Gregory — read by Rev. Dr. Leon Dunkley Jr.

Interlude — "We Are Weaving Our Lives" by Alexa Sunshine Rose — performed by beheld

Centering Moment — Jamila Batchelder, Director of Religious Education & Violet Vonder Haar, Director of Music Ministry, UU Church of Columbia, MO

Congregational Song — "We are Weaving Our Lives" by Alexa Sunshine Rose — led by Violet Vonder Haar

Prayer — Rev. Joan Javier-Duval

Ritual of Sharing From the Heart

Liz Clement

Moment of Contemplation — (instrumental music) — Paul Winchester, pianist

Hymn of Response — "Spirit of Life" by Carolyn McDade — led by Natasha Steinmacher

Troy Fisher

Reading — "Shaking the Tree" by Jeanne Lohmann — read by Rev. Jordinn Nelson Long

Anthem — "Weave and Spin" by Starhawk — performed by Lea Morris

Sermon — "Weaving Our Lives" — Rev. Dr. Molly Housh Gordon

Hymn — "Circle Round For Freedom" by Linda Hirschhorn — led by Natasha Steinmacher and Francisco Ruiz

Share the Plate Offering

Liz Clement

Offertory — "Hold On" by Yola — performed by beheld

Benediction — Rev. Dr. Molly Housh Gordon

Postlude — "Weaving Our Songs" arranged by Paul Winchester — music by David M. Glasgow, Alexa Sunshine Rose, Carolyn McDade, and Starhawk

Reflection questions:

- What sources of strength or inspiration do you look to when working to mend broken or strained strands in the web, either in your own personal life or in the wider world?
- Have there been times when you have had to accept that you have done all you can do to sustain or mend a strained relationship with another person, place, or situation? What has helped you to find your own balance of holding on and letting go?
- How do you care for yourself as you navigate these things?

Share the Plate Offering: Our Share the Plate organization for July and August is the South Sound Reading Foundation.

Since 2001 the South Sound Reading Foundation has brought the joy and promise of books and reading to all our region's children. Approximately 82% of the people served are low income, and those who might otherwise struggle with reading and learning. And because many families have transportation challenges, South Sound Reading Foundation works with community partners to bring their vital programs and opportunity to families where they are.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

• Checks can be mailed to OUUC at: 2306 East End St NW Olympia, WA 98502

- Donate online at https://onrealm.org/OUUC/give/offering
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

Next Sunday, July 21, 2024: "Grounded in Our Values" with Rylee Uhrich

In response to the UUA General Assembly earlier this summer, Rylee explores values, ideals, and change as part of our UU tradition.

Speaker Bio: Rylee is a social worker at Community Youth Services. She is also a UU ministry student and remains curious about where her call to ministry will lead her next. Rylee lives in Olympia and is a member of OUUC.

For more info on Rev. Mary's sabbatical, please check out the kiosk in the Commons, talk to a member of the Sabbatical Committee (look for their teal "SabComm" badges after today's service), or visit the sabbatical page on the OUUC website: https://www.ouuc.org/sabbatical/

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/who-we-are/publications/weekly-update/