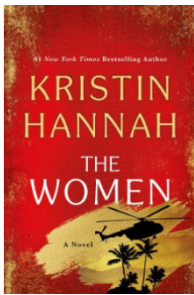


OUUC Book Group 2024/2025  
Fourth Tuesday of the Month  
10:30am in person at Frances Tanaka's Home

[REDACTED]  
[REDACTED]  
(360) 481-1794

**September 28 *The Women* by Kristin Hannah (2024) (468 pages) – Historical Fiction**



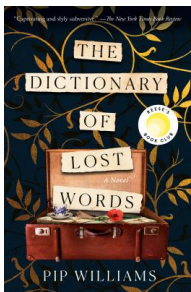
The Women is the story of one young US Army nurse who went to Vietnam. It actually shines a light on all the women (mostly nurses) who volunteered to serve in that war – whose sacrifice and commitment to their country has too often been forgotten. (128 copies + many other formats at the library ... 225 holds)

**October 22 *West With Giraffes* by Lynda Rutledge 2021) (365 pages) – Historical Fiction**



Woodrow Wilson Nickel, age 105, reflects on a time in his youth, that he will never forget. It was during the great depression in 1938 when he had a 12 day excursion across the country helping to transport two imported giraffes to the San Diego Zoo. Inspired by a true story. Charming and full of unexpected experiences. (22 copies of book at library + audio and eBooks) –

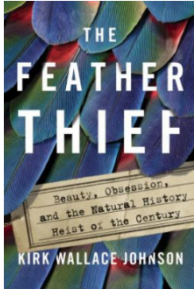
**November 26 *The Dictionary of Lost Words* by Pip Williams (2021) (416 pages) – Fiction**



Esme is born into a world of words. Motherless and irrepressibly curious, she spends her childhood in the Scriptorium, an Oxford garden shed in which her father and a team of dedicated lexicographers are collecting words for the very first Oxford English Dictionary. Young Esme's place is beneath the sorting table, unseen and unheard. One day a slip of paper containing the word bondmaid flutters beneath the table. She rescues the slip and, learning that the word means "slave girl," begins to collect other words that have been discarded or neglected by the dictionary men.

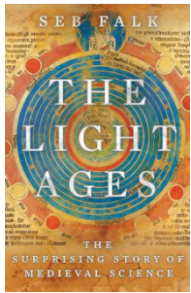
**January 28 *The Feather Thief: Beauty, Obsession, and the Natural***

**History Heist of the Century by Kirk Johnson (2018) (308 pages) – Nonfiction**



A true story of Edwin Rist, a musician with the London Royal Academy, who leaves a concert one night, heads to a London museum, and steals rare bird feathers. Over a period of many years he continues to successfully do this. The story tells how he did it, why, and if and when he got caught. What became of the feathers and Edwin?!

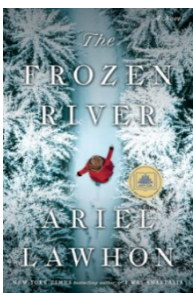
**February 25 *The Light Ages: The Surprising Story of Medieval Science* by Seb Falk (2020) (365 pages) – Nonfiction**



Soaring Gothic cathedrals, violent crusades, the Black Death: these are the dramatic forces that shaped the medieval era. But the so-called Dark Ages also gave us the first universities, eyeglasses, and mechanical clocks. As medieval thinkers sought to understand the world around them, from the passing of the seasons to the stars in the sky, they came to develop a vibrant scientific culture.

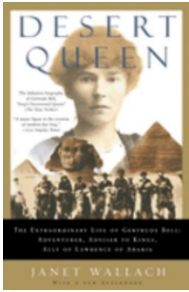
"Falk's bubbling curiosity and strong sense of storytelling swept me along. *The Light Ages* didn't just broaden my conception of science; reading it felt like I was sitting beside Westwyk, a crusading astronomer-monk at St. Albans abbey, leafing through dusty manuscripts by candlelight." (Alex Orlando, *Discover*) (2 copies + 1 eBook and 1 downloadable audio book at library) –

**March 25 *The Frozen River* by Ariel Lawson (2023) (432 pages) – Historical Fiction**



A gripping historical mystery inspired by the life and diary of Martha Ballard, a renowned 18th century midwife, who defied the legal system and wrote herself into American history. (26 copies + many other formats at the library ... 52 holds)

**April 22 *Desert Queen* by Janet Wallach (2012) (372 pages) – Nonfiction**



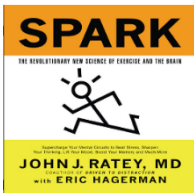
The extraordinary life of Gertrude Bell (1868 - 1926): adventurer, adviser to kings, ally of Lawrence of Arabia. Explored, mapped and excavated the world of the Arabs. Recruited by British Intelligence during World War I, played crucial role in obtaining loyalty of Arab leaders. Highly recommended. *(no copies in Timberland Regional)*

### May 27 **A Tale for the Time Being** by Ruth Ozeki (2013) (422 pages) – Fiction



This book has been highly recommended for its beguiling story of our shared humanity and the search for home. The story reaches from Japan across to the Pacific Northwest, involving two life stories that mysteriously intertwine. *(6 copies of book at library + audio and eBook)*

### June 25 **SPARK: The Revolutionary New Science of Exercise and the Brain** by John J. Ratey, M.D. with Eric Hagerman (2013) (267 pages) – Nonfiction



Find out how exercise can put the spark in your life! The latest research shows that for your brain to function at its peak, your body needs to move. Dr. Ratey explains how aerobic exercise prepares your brain to learn, improves mood and attention, lowers stress and anxiety, helps stave off addiction, controls the sometimes tumultuous effects of hormonal changes, and guards against and even reverses some of the effects of aging on the brain. – *(1 downloadable audio book at the library)*