

Our spiritual practice for September is Invitation.

"It really is about putting love into practice: if justice is what love looks like in public, then inclusion is what love looks like among groups."

~ Matthew Johnson

Sunday, September 15, 2024 "The Circle of Welcome" with Rev. Nancy Reid-McKee

As UU's, we often talk of the value in belonging to a loving community. Let's explore how we invite others into our community, and why it is that this is so important to us.

Speaker Bio: Rev. Nancy Reid-McKee recently retired from the Northlake UU Church in Kirkland, WA. Rev. Nancy attended the Starr King School for the Ministry along with our Rev. Mary Gear, graduating in 2018. She did her internship at the UU Congregation at Shelter Rock in New York, has served our faith tradition as President of the Starr King Graduate Association, Vice-President of the UU Women's Federation and currently serves as Chair of the UU Commission on Social Witness.

Prelude	Troy Fisher (he/him)	Mark W. Hayes / Music: Ian W. Riddell	
Morning Song "Sacred Circle" Words & Music: Heather Pierson	Congregation	Reading 1 from <u>Tribe</u> by Sebastian Junger	Alicia Seegers Martinelli
Welcome	Alicia Seegers Martinelli	Sermon, Part 1: Welcoming	Rev. Nancy Reid-McKee
	(she/her)	Musical Interlude	Troy Fisher

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.

Hearing assistance devices are available in the sanctuary at the tech desk.

Lighting the Chalice & Sabbatical Candle Alicia Seegers Martinelli with the words of Rev. Karen Le Blanc

> Rev. Nancy Reid-McKee (she/her)

> > Congregation

Rev. Sara Lewis (she/her)

Troy Fisher Alicia Seegers Martinelli Troy Fisher Alicia Seegers Martinelli

Rev. Nancy Reid-McKee

Congregation

Hymn # 1031 "Filled with Loving Kindness" Words: Traditional Buddhist Meditation adapted by

Opening Words

Opening Hymn

Story for All

Offertory

Musical Interlude

Prayerful Practice

Musical Response

Share the Plate Offering

by Rev. Gretchen Haley

"We Gather to Draw a Wider Circle"

Hymn #360 "Here We Have Gathered"

Birds Learn About Friendship,

a traditional story from Myanmar

Ritual of Sharing From the Heart

A Loving Kindness Meditation

from <u>The Wild Edge of Sorrow</u> by Francis Weller

Words: Alicia S. Carpenter / Music: Genevan psalter

Troy Fisher

Reading 2 "Community Means Strength" by Starhawk	Alicia Seegers Martinelli
Sermon, Part 2: Belonging	Rev. Nancy Reid-McKee
Closing Hymn Hymn #155 "Circle 'Round for Freedom" Words & Music: Linda Hirschhorn	Congregation
Closing Words and Extinguishing the Chalice adapted from Rev. Rick Hoyt	Alicia Seegers Martinelli
Postlude	Troy Fisher

Reflection questions:

- One of the themes today is about welcoming. Can you reflect on a time when you felt welcomed into a place or community? Why was that important?
- Finding a place where we feel we belong is essential to our well-being. What communities do you belong to, and what is it that you find there?

Today's After-Service Forum (11:30 am): One Parish, One Prisoner

For this Faith-in-Action forum, we are joined by One Parish, One Prisoner, an organization that matches faith communities with incarcerated people for relationship and support in re-entry post incarceration.

Next Sunday, September 22, 2024:

"Disguised as Our Life" with Rev. Monica Jacobson-Tennessen

Paula D'arcy says, "God comes to you disguised as your life." What might that mean for UUs, with our many ideas of what "God" means? Let's explore a few ideas together.

Share the Plate Offering: Our Share the Plate organization for September and October is All Kids Win.

All Kids Win envisions a community in which hunger never gets in the way of student success. Created in April 2006, when caring community volunteers recognized a weekend food security gap in local middle and high school students, they currently provide weekend food bags to more than 1100 students per week during the school year. This food provides a basic need to students in Thurston County.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2306 East End St NW Olympia, WA 98502
- Donate online at <u>https://onrealm.org/OUUC/give/offering</u>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

Register now for Soul Matters small groups! These groups meet once or twice a month for a year for reflection and sharing around the theme of the month. Some groups are about to begin but still have a couple openings, and there are four groups that have not met their minimum registration numbers yet. Find more info and register at https://www.ouuc.org/learn/adult-faith-development/ or talk to Rev. Sara (DCFD@ouuc.org) if you have questions.

Earth Grief: Making Space for a Heartful Response. On Sunday, September 29th, at 1pm, Peter Jabin will return with another grief workshop. Please join us for an opportunity to connect with what we are feeling about the emergent climate/poly-crisis, and to share these experiences in a safe and supportive space. Find more info and the registration link here:

https://www.ouuc.org/earth-grief-workshop/

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/weekly-update/

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