



Our spiritual practice for February is **Inclusion**.

*“Diversity is being invited to the party;
inclusion is being asked to dance.”*

~ Verna Myers

Sunday, February 9, 2025

“Being the People We Mean to Be”

with Rev. Sara Lewis

“Believing in” inclusion, equity, and justice is a good start, but how do we move beyond being a believer to an active builder of a more inclusive, equitable, and just world? How do we actually become the people we intend ourselves to be?

Prelude *Troy Fisher (he/him)*

Morning Song *Congregation*

Hymn #1018 “Come and Go with Me”

Words & Music: African-American spiritual, slavery period, arr. Kenny Smith

Welcome *Anne Radford (she/her)*

Lighting the Chalice *Anne Radford*

“Who We Are Called to Be” by Pat Uribe-Lichty

Opening Words *Rev. Sara Lewis*

“Justice Is Our Prayer” by Rebekah Savage *(she/her)*

Opening Hymn *Congregation*

Hymn #318 “We Would Be One”

Words: Samuel Anthony Wright

Music: Jean Sibelius

Story for All *Rev. Sara Lewis*

“Spite Fences” by Paul Beckel

Musical Interlude *Troy Fisher*

Share the Plate Offering *Anne Radford*

Offertory *Troy Fisher*

Ritual of Sharing From the Heart *Rev. Sara Lewis*

Prayerful Practice *Rev. Sara Lewis*

Musical Response *Gavin Hayes*

“I’ve Been in the Storm So Long”

African American Spiritual

Reading 1 *Anne Radford*

from The Person You Mean to Be: How Good People Fight Bias by Dolly Chugh

Part 1: The People We Mean to Be *Rev. Sara Lewis*

Musical Interlude *Troy Fisher*

Reading 2 *Anne Radford*

“It’s Hard Work” by Rosemary Bray McNatt, from Been in the Storm So Long: A Meditation Manual

Part 2: Practice Becoming the People We Mean to Be *Rev. Sara Lewis*

At OUUC, masks are welcome and optional. Please join us online if you don’t feel well.
Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.
Hearing assistance devices are available in the sanctuary at the tech desk.

Closing Hymn

Hymn #323 “Break Not the Circle”

Words: Fred Kaan / Music: Thomas Benjamin

Congregation

Closing Words and Extinguishing the Chalice

with the words of Emily Richards

Rev. Sara Lewis

Postlude

Troy Fisher

Reflection questions:

- What are the challenges you face in truly practicing inclusion?
- How could you move from believing in inclusion to truly building a practice of inclusion? What are your action steps?

Today’s Forum at 12:15 pm (online & onsite): “Legacy Forests: Why We Must Protect Them and How to Take Action” with the Legacy Forest Defense Coalition, sponsored by the OUUC Environmental Action Team (EAT)

Next Sunday, February 16, 2024: “Rooted in Love” with Rev. Mary Gear at 9 am (onsite only) and 10:45 am (online & onsite)

In this time when our Unitarian Universalist values are being challenged, how do we support each other and the work of justice? We begin the OUUC Stewardship Drive with a reflection on where we are and where we are going.

February 16 Forum at 12:15 pm (online & onsite): Skill Builder for All on Facilitation and Conflict Management Skills, led by Rev. Sara Lewis
Come learn some valuable skills of being in community together.

Share the Plate Offering: Our Share the Plate organization for January and February is New Horizon Communities:

Panza, now doing business as New Horizons Communities, provides permanent supportive housing for people experiencing homelessness. They create and manage tiny home villages that foster community, encourage personal growth, and promote access to the care and services residents need. Founded with OUUC leadership in 2007 to support a tent camp for homeless adults hosted by local churches, this nonprofit created Quixote Village, a permanent supportive community for the homeless in Olympia. They have since built two additional villages, especially for veterans, in other communities.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

Find more info on the UU Common Read, Authentic Selves: Celebrating Trans and Nonbinary People and Their Families — and the registration link to join

Rev. Sara’s class on it — on OUUC’s Adult Faith Development webpage: <https://www.ouuc.org/learn/adult-faith-development/#common-read>

Each Thursday at 5:30 pm, we hold a Community Dinner open to all. Please join us for food and fellowship. **On February 20th, the dinner will be our 3rd Annual Chili Cook Off.** All who would like to compete can bring a pot of chili — there will be prizes to be won!

Find more details on these and other announcements in the Weekly Update: <https://www.ouuc.org/weekly-update/>

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