



Our spiritual practice for March is **Trust**.

*“A [congregation] is not a group of people that [worship and] work together.
A [congregation] is a group of people that trust each other.”*

~ Simon Sinek (adapted)

Sunday, March 2, 2025

“Trust, Risk, and the Unknown”

with Rev. Mary Gear

This month, we grapple with the spiritual theme and practice of Trust.
What does it mean to trust as a spiritual practice, and
what does trust look like in a faith community?

Prelude	<i>Troy Fisher (he/him)</i>
Morning Song “I Am Willing” Words & Music: Holly Near, arr. by Steven Milloy	<i>Congregation & OUUC Choir</i>
Welcome	<i>Alicia Seegers Martinelli (she/her)</i>
Lighting the Chalice “A Sturdy Flame” by Rev. Julianne Lepp	<i>Alicia Seegers Martinelli</i>
Opening Words “The Longing for Something More” by Rev. Gretchen Haley, adapted	<i>Rev. Mary Gear (she/her)</i>

Opening Hymn “There is a Love” Words: Rev. Dr. Rebecca Parker Music: Elizabeth Norton	<i>Congregation</i>
Story for All “Small Fry” by Ruthilde Kronberg & Patricia C. McKissack	<i>Rev. Sara Lewis (she/her)</i>
Musical Interlude	<i>Troy Fisher</i>
Stewardship Moment	<i>Anne Gustafson (she/her)</i>
Musical Interlude	<i>Troy Fisher</i>
Share the Plate Offering	<i>Alicia Seegers Martinelli</i>
Offertory	<i>Troy Fisher</i>
Ritual of Sharing From the Heart	<i>Rev. Mary Gear</i>
Prayerful Practice	<i>Rev. Mary Gear</i>
Musical Response “The Music of Stillness” Words: Sara Teasdale / Music: Elaine Hagenberg	<i>OUUC Choir</i>
Reading 1 from “Cultivating Trust as an Organizing Strategy: Lessons from Mycelium Mushrooms” by Adaku Utah	<i>Alicia Seegers Martinelli</i>
Part 1: Risk and the Unknown	<i>Rev. Mary Gear</i>
Musical Interlude	<i>Troy Fisher</i>
Reading 2 from “Cultivating Trust as an Organizing Strategy: Lessons from Mycelium Mushrooms” by Adaku Utah	<i>Alicia Seegers Martinelli</i>

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.
Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.
Hearing assistance devices are available in the sanctuary at the tech desk.

Part 2: Trust

Rev. Mary Gear

Closing Hymn

Hymn #18 “What Wondrous Love”

Words: American folk hymn, New words by Connie Campbell Hart / Music: Melody from The Southern Harmony, arr. Chelsea Moon

Congregation

Closing Words and Extinguishing the Chalice

“In the Small Moments...”

by Rev. Angeline C. Jackson

Rev. Mary Gear

Postlude

Troy Fisher

Reflection questions:

- In whom or what do you trust?
- What is your experience of you trusting others? Of others trusting you?

Today’s Forum at 12:15 pm (online & onsite): “Risk, Courage, and Discernment” with Rev. Sara Lewis. We will practice reflection and discernment that can help us each decide what actions are right for us in these times.

Next Sunday, March 9, 2025, at 9 am (onsite only) and 10:45 am (online & onsite): “The Speed of Trust” with Rev. Sara Lewis

There is a saying that if you want to go fast, go alone, and if you want to go far, go together. But as soon as we are trying to move together, we are limited by the amount of trust that we have in one another. How do we build skills of trust that will help us move forward together in our work for a healthy, just, and loving world?

Note: This is the Sunday when we *spring forward* for Daylight Savings Time and lose an hour, so that means it’s **Pajama Sunday at OUUC!** Feel free to wear your pjs to church whether you’re online or onsite.

After-Service Forum, March 9 at 12:15 pm: Building Community Connections — Faith in Action Leadership Team.

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Share the Plate Offering: Our Share the Plate organization for March and April is Wild Grief:

Wild Grief facilitates peer groups for children and adults who are grieving a death, by creating the space for sharing, connection, and healing in nature. All programs are free, including all outdoor gear and food. Wild Grief models how: it’s important to acknowledge death and engage with loss, grief support should be available to everyone, and healing is possible.

If you write a check, please note “pledge” if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to: **2306 East End St NW, Olympia, WA 98502**
- Donate online at: <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text “OUUC offering” to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

Important Notice about our Stewardship Communication: We have discovered a typo in the address on the pledge cards we mailed two weeks ago: *one digit* was missing. Our apologies for the mistake. If mailing your pledge, please use the correct address highlighted in bold above. Most of our pledges arrive electronically; however, if you have *already* mailed in your pledge card using a 3-digit street address instead of 2306 East End St., please call (360-634-2005, Ext. 100) or email (office@ouuc.org) to let us know. To err is human — to GIVE is divine. Please pledge today: <https://www.ouuc.org/give/stewardship/>

New to UU class series starts today at 2 pm and continues for the next 7 Sundays. Join Rev. Mary and Rev. Sara to learn more about Unitarian Universalism and OUUC and/or discern whether to become a member of this community. This first class is on UU values, history, and structure.

This month’s Spiritual Practice Mini Retreat is on Saturday, March 8 on the monthly theme of “Trust.” Join Rev. Sara for this experience of contemplation and connection.

Find more details on these and other announcements in the Weekly Update: <https://www.ouuc.org/weekly-update/>