

#### Our spiritual practice for March is **Trust**.

"A [congregation] is not a group of people that [worship and] work together. A [congregation] is a group of people that trust each other." ~ Simon Sinek (adapted)

# Sunday, March 9, 2025 "The Speed of Trust"

with Rev. Sara Lewis

There is a saying that if you want to go fast, go alone, and if you want to go far, go together. But as soon as we are trying to move together, we are limited by the amount of trust that we have in one another. How do we build skills of trust that will help us move forward together in our work for a healthy, just, and loving world?

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

#### Prelude

Morning Song Hymn #1021 "Lean on Me" Words & Music: Bill Withers

#### Welcome

**Lighting the Chalice** with the words of Erika Hewett

**Opening Words** "Co-Regulation" by Elizabeth Mount Troy Fisher (he/him)

Congregation

Anne Kohlbry (she/her)

Anne Kohlbry

Rev. Sara Lewis (she/her)

<b>Opening Hymn</b> <b>Hymn #347 "Gather the Spirit"</b> Words & Music: Jim Scott	Congregation
<b>Story for All</b> The Pigeons and the Net, a story from the Panchatantra	Rev. Sara Lewis (she/her)
Musical Interlude	Troy Fisher
Share the Plate Offering	Anne Kohlbry
Offertory	Troy Fisher
Ritual of Sharing From the Heart	Rev. Sara Lewis
Prayerful Practice	Rev. Sara Lewis
<b>Musical Response Hymn #1002 "Comfort Me"</b> Words & Music: Mimi Bornstein-Doble	Congregation
<b>Reading 1</b> from <u>The Speed of Trust</u> by Stephen M.R. Covey	Anne Kohlbry
Part 1: Getting Stuff Done	Rev. Sara Lewis
Musical Interlude	Troy Fisher
<b>Reading 2</b> from <u>Emergent Strategy</u> by adrienne maree brown	Anne Kohlbry
Part 2: Authentic Trust	Rev. Sara Lewis
<b>Closing Hymn</b> <b>Hymn #1012 "When I Am Frightened"</b> Words & Music: Shelley Jackson Denham, arr. Jeannie Gagne	Congregation

## Closing Words and Extinguishing the Chalice

"Share Your Glorious Light with the World" by James Morison

#### Postlude

Troy Fisher

#### **Reflection questions:**

- What is difficult for you about trusting others?
- How can we use trust to work better together as we face the challenges of now?

# Today's Forum at 12:15 pm (online & onsite): Building Community Connections — Faith in Action Leadership Team.

We are engaged with community partners through Share the Plate, the book sale, and other means. How should we, as an OUUC community, choose these partners, and how can we be good partners to them?

## At 2:00 today, you can join Rev. Mary and guests for the New UU Class.

The topic will be congregational history and buildings and grounds.

# Next Sunday, March 16, 2025, at 9 am (onsite only) & 10:45 am (online & onsite): "The Light Gets In: Lessons from a Potter" with Rev. Nancy Reid-McKee

After 50 years of throwing clay on a pottery wheel, I have learned how art can be a practice of meditation and grounding, and I have learned to let go of perfection. One of the most important lessons has been the beauty found in our flawed and broken pieces.

After-Service Forum, March 16 at 12:15 pm: "Rooted in Love — Aspirational Budget" with the OUUC Board. You can find a visual depiction of budgeted income sources and expense categories on the Stewardship page, here: <u>https://www.ouuc.org/give/stewardship/#budget</u> Bring your questions to this forum. **Share the Plate Offering:** Our Share the Plate organization for March and April is Wild Grief:

Wild Grief facilitates peer groups for children and adults who are grieving a death, by creating the space for sharing, connection, and healing in nature. All programs are free, including all outdoor gear and food. Wild Grief models how: it's important to acknowledge death and engage with loss, grief support should be available to everyone, and healing is possible.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: <u>https://onrealm.org/OUUC/give/offering</u>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

We're about halfway through our Stewardship Drive, and we're deeply grateful to those who have pledged. Each year, members and friends of OUUC come together to support our beloved community. Your pledge sustains the programming we cherish, maintains our two services, and keeps OUUC a welcoming space for all who seek us.

Pledges are the foundation of our budget, allowing us to plan ahead with confidence. Stewardship is both a practical act and a spiritual practice, reflecting our shared commitment. Every contribution makes a difference, and it takes all of us — many hearts and hands — to support our vibrant, growing community.

If you haven't pledged yet, please do so today, online or after the service in the Commons. Together, we are building something truly special. https://www.ouuc.org/give/stewardship/

**Next Saturday, there are two opportunities for connection and contemplation:** At 10:30 am, Jasper Lee will offer a prayer group, and at 11:30 am Rev. Mary will hold a spiritual care drop in. Come for spiritual grounding in challenging times.

Find more details on these and other announcements in the Weekly Update: <a href="https://www.ouuc.org/weekly-update/">https://www.ouuc.org/weekly-update/</a>